



# Tabella passaggi in pista



100	200	300	400	500	600	700	800	900	1000	1500	3000	5000	10000
<b>10</b>	<b>0:20</b>	0:30,0	<b>0:40</b>	0:50,0	<b>1:00</b>	1:10,0	<b>1:20</b>	1:30,0	<b>1:40</b>	2:30,0	<b>5:00</b>	08:20	<b>0:16:40</b>
<b>10,5</b>	<b>0:21</b>	0:31,5	<b>0:42</b>	0:52,5	<b>1:03</b>	1:13,5	<b>1:24</b>	1:34,5	<b>1:45</b>	2:37,5	<b>5:15</b>	08:45	<b>0:17:30</b>
<b>11</b>	<b>0:22</b>	0:33,0	<b>0:44</b>	0:55,0	<b>1:06</b>	1:17,0	<b>1:28</b>	1:39,0	<b>1:50</b>	2:45,0	<b>5:30</b>	09:10	<b>0:18:20</b>
<b>11,5</b>	<b>0:23</b>	0:34,5	<b>0:46</b>	0:57,5	<b>1:09</b>	1:20,5	<b>1:32</b>	1:43,5	<b>1:55</b>	2:52,5	<b>5:45</b>	09:35	<b>0:19:10</b>
<b>12</b>	<b>0:24</b>	0:36,0	<b>0:48</b>	1:00,0	<b>1:12</b>	1:24,0	<b>1:36</b>	1:48,0	<b>2:00</b>	3:00,0	<b>6:00</b>	10:00	<b>0:20:00</b>
<b>12,5</b>	<b>0:25</b>	0:37,5	<b>0:50</b>	1:02,5	<b>1:15</b>	1:27,5	<b>1:40</b>	1:52,5	<b>2:05</b>	3:07,5	<b>6:15</b>	10:25	<b>0:20:50</b>
<b>13</b>	<b>0:26</b>	0:39,0	<b>0:52</b>	1:05,0	<b>1:18</b>	1:31,0	<b>1:44</b>	1:57,0	<b>2:10</b>	3:15,0	<b>6:30</b>	10:50	<b>0:21:40</b>
<b>13,5</b>	<b>0:27</b>	0:40,5	<b>0:54</b>	1:07,5	<b>1:21</b>	1:34,5	<b>1:48</b>	2:01,5	<b>2:15</b>	3:22,5	<b>6:45</b>	11:15	<b>0:22:30</b>
<b>14</b>	<b>0:28</b>	0:42,0	<b>0:56</b>	1:10,0	<b>1:24</b>	1:38,0	<b>1:52</b>	2:06,0	<b>2:20</b>	3:30,0	<b>7:00</b>	11:40	<b>0:23:20</b>
<b>14,5</b>	<b>0:29</b>	0:43,5	<b>0:58</b>	1:12,5	<b>1:27</b>	1:41,5	<b>1:56</b>	2:10,5	<b>2:25</b>	3:37,5	<b>7:15</b>	12:05	<b>0:24:10</b>
<b>15</b>	<b>0:30</b>	0:45,0	<b>1:00</b>	1:15,0	<b>1:30</b>	1:45,0	<b>2:00</b>	2:15,0	<b>2:30</b>	3:45,0	<b>7:30</b>	12:30	<b>0:25:00</b>
<b>15,5</b>	<b>0:31</b>	0:46,5	<b>1:02</b>	1:17,5	<b>1:33</b>	1:48,5	<b>2:04</b>	2:19,5	<b>2:35</b>	3:52,5	<b>7:45</b>	12:55	<b>0:25:50</b>
<b>16</b>	<b>0:32</b>	0:48,0	<b>1:04</b>	1:20,0	<b>1:36</b>	1:52,0	<b>2:08</b>	2:24,0	<b>2:40</b>	4:00,0	<b>8:00</b>	13:20	<b>0:26:40</b>
<b>16,5</b>	<b>0:33</b>	0:49,5	<b>1:06</b>	1:22,5	<b>1:39</b>	1:55,5	<b>2:12</b>	2:28,5	<b>2:45</b>	4:07,5	<b>8:15</b>	13:45	<b>0:27:30</b>
<b>17</b>	<b>0:34</b>	0:51,0	<b>1:08</b>	1:25,0	<b>1:42</b>	1:59,0	<b>2:16</b>	2:33,0	<b>2:50</b>	4:15,0	<b>8:30</b>	14:10	<b>0:28:20</b>
<b>17,5</b>	<b>0:35</b>	0:52,5	<b>1:10</b>	1:27,5	<b>1:45</b>	2:02,5	<b>2:20</b>	2:37,5	<b>2:55</b>	4:22,5	<b>8:45</b>	14:35	<b>0:29:10</b>
<b>18</b>	<b>0:36</b>	0:54,0	<b>1:12</b>	1:30,0	<b>1:48</b>	2:06,0	<b>2:24</b>	2:42,0	<b>3:00</b>	4:30,0	<b>9:00</b>	15:00	<b>0:30:00</b>
<b>18,5</b>	<b>0:37</b>	0:55,5	<b>1:14</b>	1:32,5	<b>1:51</b>	2:09,5	<b>2:28</b>	2:46,5	<b>3:05</b>	4:37,5	<b>9:15</b>	15:25	<b>0:30:50</b>
<b>19</b>	<b>0:38</b>	0:57,0	<b>1:16</b>	1:35,0	<b>1:54</b>	2:13,0	<b>2:32</b>	2:51,0	<b>3:10</b>	4:45,0	<b>9:30</b>	15:50	<b>0:31:40</b>
<b>19,5</b>	<b>0:39</b>	0:58,5	<b>1:18</b>	1:37,5	<b>1:57</b>	2:16,5	<b>2:36</b>	2:55,5	<b>3:15</b>	4:52,5	<b>9:45</b>	16:15	<b>0:32:30</b>
<b>20</b>	<b>0:40</b>	1:00,0	<b>1:20</b>	1:40,0	<b>2:00</b>	2:20,0	<b>2:40</b>	3:00,0	<b>3:20</b>	5:00,0	<b>10:00</b>	16:40	<b>0:33:20</b>
<b>20,5</b>	<b>0:41</b>	1:01,5	<b>1:22</b>	1:42,5	<b>2:03</b>	2:23,5	<b>2:44</b>	3:04,5	<b>3:25</b>	5:07,5	<b>10:15</b>	17:05	<b>0:34:10</b>
<b>21</b>	<b>0:42</b>	1:03,0	<b>1:24</b>	1:45,0	<b>2:06</b>	2:27,0	<b>2:48</b>	3:09,0	<b>3:30</b>	5:15,0	<b>10:30</b>	17:30	<b>0:35:00</b>
<b>21,5</b>	<b>0:43</b>	1:04,5	<b>1:26</b>	1:47,5	<b>2:09</b>	2:30,5	<b>2:52</b>	3:13,5	<b>3:35</b>	5:22,5	<b>10:45</b>	17:55	<b>0:35:50</b>
<b>22</b>	<b>0:44</b>	1:06,0	<b>1:28</b>	1:50,0	<b>2:12</b>	2:34,0	<b>2:56</b>	3:18,0	<b>3:40</b>	5:30,0	<b>11:00</b>	18:20	<b>0:36:40</b>
<b>22,5</b>	<b>0:45</b>	1:07,5	<b>1:30</b>	1:52,5	<b>2:15</b>	2:37,5	<b>3:00</b>	3:22,5	<b>3:45</b>	5:37,5	<b>11:15</b>	18:45	<b>0:37:30</b>
<b>23</b>	<b>0:46</b>	1:09,0	<b>1:32</b>	1:55,0	<b>2:18</b>	2:41,0	<b>3:04</b>	3:27,0	<b>3:50</b>	5:45,0	<b>11:30</b>	19:10	<b>0:38:20</b>
<b>23,5</b>	<b>0:47</b>	1:10,5	<b>1:34</b>	1:57,5	<b>2:21</b>	2:44,5	<b>3:08</b>	3:31,5	<b>3:55</b>	5:52,5	<b>11:45</b>	19:35	<b>0:39:10</b>
<b>24</b>	<b>0:48</b>	1:12,0	<b>1:36</b>	2:00,0	<b>2:24</b>	2:48,0	<b>3:12</b>	3:36,0	<b>4:00</b>	6:00,0	<b>12:00</b>	20:00	<b>0:40:00</b>
<b>24,5</b>	<b>0:49</b>	1:13,5	<b>1:38</b>	2:02,5	<b>2:27</b>	2:51,5	<b>3:16</b>	3:40,5	<b>4:05</b>	6:07,5	<b>12:15</b>	20:25	<b>0:40:50</b>
<b>25</b>	<b>0:50</b>	1:15,0	<b>1:40</b>	2:05,0	<b>2:30</b>	2:55,0	<b>3:20</b>	3:45,0	<b>4:10</b>	6:15,0	<b>12:30</b>	20:50	<b>0:41:40</b>
<b>25,5</b>	<b>0:51</b>	1:16,5	<b>1:42</b>	2:07,5	<b>2:33</b>	2:58,5	<b>3:24</b>	3:49,5	<b>4:15</b>	6:22,5	<b>12:45</b>	21:15	<b>0:42:30</b>
<b>26</b>	<b>0:52</b>	1:18,0	<b>1:44</b>	2:10,0	<b>2:36</b>	3:02,0	<b>3:28</b>	3:54,0	<b>4:20</b>	6:30,0	<b>13:00</b>	21:40	<b>0:43:20</b>
<b>26,5</b>	<b>0:53</b>	1:19,5	<b>1:46</b>	2:12,5	<b>2:39</b>	3:05,5	<b>3:32</b>	3:58,5	<b>4:25</b>	6:37,5	<b>13:15</b>	22:05	<b>0:44:10</b>
<b>27</b>	<b>0:54</b>	1:21,0	<b>1:48</b>	2:15,0	<b>2:42</b>	3:09,0	<b>3:36</b>	4:03,0	<b>4:30</b>	6:45,0	<b>13:30</b>	22:30	<b>0:45:00</b>
<b>27,5</b>	<b>0:55</b>	1:22,5	<b>1:50</b>	2:17,5	<b>2:45</b>	3:12,5	<b>3:40</b>	4:07,5	<b>4:35</b>	6:52,5	<b>13:45</b>	22:55	<b>0:45:50</b>
<b>28</b>	<b>0:56</b>	1:24,0	<b>1:52</b>	2:20,0	<b>2:48</b>	3:16,0	<b>3:44</b>	4:12,0	<b>4:40</b>	7:00,0	<b>14:00</b>	23:20	<b>0:46:40</b>
<b>28,5</b>	<b>0:57</b>	1:25,5	<b>1:54</b>	2:22,5	<b>2:51</b>	3:19,5	<b>3:48</b>	4:16,5	<b>4:45</b>	7:07,5	<b>14:15</b>	23:45	<b>0:47:30</b>
<b>29</b>	<b>0:58</b>	1:27,0	<b>1:56</b>	2:25,0	<b>2:54</b>	3:23,0	<b>3:52</b>	4:21,0	<b>4:50</b>	7:15,0	<b>14:30</b>	24:10	<b>0:48:20</b>
<b>29,5</b>	<b>0:59</b>	1:28,5	<b>1:58</b>	2:27,5	<b>2:57</b>	3:26,5	<b>3:56</b>	4:25,5	<b>4:55</b>	7:22,5	<b>14:45</b>	24:35	<b>0:49:10</b>
<b>30</b>	<b>1:00</b>	1:30,0	<b>2:00</b>	2:30,0	<b>3:00</b>	3:30,0	<b>4:00</b>	4:30,0	<b>5:00</b>	7:30,0	<b>15:00</b>	25:00	<b>0:50:00</b>